

Author Guidelines for *Clinical Lactation*

Clinical Lactation is a peer-reviewed journal summarizing recent advances in clinical care in the field of human lactation and is the official journal of the United States Lactation Consultant Association. The aim of the journal is to advance clinical practice for lactation specialists who work in a variety of settings: hospital, private practice, WIC, and mother-to-mother-support organizations. The articles being solicited for *Clinical Lactation* are concise, readable reports that summarize issues related to clinical care, treatment innovations and applications. All articles should contain specific implications and suggestions for clinical practice. Suitable topics for submission include, but are not restricted to:

- Treatment innovation
- Treatment dilemmas
- Case presentations
- Implementation of specific programs
- Outcomes of policies or programs

Papers should be consistent with the current evidence base (if applicable) and should constitute a substantive contribution to the professional literature on clinical lactation. All articles can be hyperlinked to videos, websites, PowerPoint slides, or other ancillary sources of information.

Types of Contributions

Articles on Clinical Practice. These articles include process and program descriptions, clinical audit and outcome studies, and the presentation and description of original clinical practice ideas. These articles should generally not exceed 2,500 words (approximately 10 pages of double-spaced text), not including references, and should be written in a readable, user-friendly style. Please avoid passive voice and lengthy sentences and paragraphs.

Brief Reports of Research Findings. Brief reports of research findings are concise reports of new research. These articles are limited to 2,000 words, not including references and must have direct clinical relevance. These reports can be hyperlinked to other documents or websites with additional information.

Brief Literature Reviews. Brief literature reviews are concise articles on a highly specific topic related to clinical practice, ending with applications for practice. These manuscripts are also limited to 2,000 words (8 pages of double-spaced text).

Case Reports. Case reports offer clinicians a forum to share an interesting case, with the implications for broader clinical practice. These reports will typically range from 3–5 manuscript pages (750–1250 words).

Letters to the Editor. Letters and responses pertaining to articles published in *Clinical Lactation* or on issues relevant to the field, brief and to the point, should be prepared in the same style as other manuscripts (250–300 words).

Manuscripts and Other Requirements

1. Authors should submit their manuscript and supporting files (tables, figures) using ScholarOne at <https://mc.manuscriptcentral.com/clinlac>.
2. Place authors' names, positions, titles, place of employment, mailing addresses, and email addresses on the cover page so that the manuscripts may be reviewed anonymously, and ensure that the manuscript uploaded to the ScholarOne site is blind.
3. Participant/human subjects protection. Please include whether your study received IRB approval. In some cases, that will not be possible (e.g., for a lactation consultant not affiliated with a hospital). If that is the case, please describe in detail the steps you took to protect confidentiality and ensure that the participants participated voluntarily. Also be sure to obtain permission from participants to use any photos of them or their babies.
4. Manuscripts should be professionally prepared in accordance with the *Publication Manual of the American Psychological Association*, 7th edition. You can find APA style guides at <https://apastyle.apa.org/>
5. An abstract of approximately 125-150 words should be included. Abstracts should be structured with headers such as Introduction, Method, Results, and Conclusion. These headers can be revised as needed for a particular article, such as a case study.
6. Authors should also supply a list of four to six keywords, not appearing in the title, which will be used for indexing. Terms from the medical subject headings (MeSH) list of Index Medicus should be used.
7. Double-space everything, including references, quotations, tables, and figures.
8. Leave generous margins (at least one inch all around) on each page.
9. Type should not exceed 18 characters per inch.
10. Avoid footnotes whenever possible.
11. Quotations of 300 words or more from one source require written permission from the copyright holder for reproduction. Adaptation of tables and figures also requires reproduction approval from the copyrighted source. It is the author's responsibility to secure such permission, and a copy of the publisher's written permission must be provided to the publisher immediately upon acceptance of the manuscript for publication.
12. All figures must be submitted in camera-ready form. TIFF should be 300 ppi, EPS at 800 ppi.

13. It is the responsibility of the author(s) to read Springer Publishing Company's journal policies and statements at <https://connect.springerpub.com/journals-policies-and-statements>. Conflicts of Interest, Statements of Informed Consent, and Statements of Human and Animal Rights must be included when you submit your manuscript. Failure to do so may result in your manuscript being returned to you.
14. All authors who submit their manuscripts to the journal agree to transfer copyright ownership to the United States Lactation Consultant Association in the event that the article is accepted and published in this journal. In the event that your paper is rejected or withdrawn, the rights revert back to you.