

What's the Story?

Physical Abuse Scenario: Girl

One day _____ (girl's name 1) was walking to school. A cool breeze was blowing and the sun was shining above. _____ (girl's name 1) was looking forward to playing with her friends later that day. She thought that it would be a good day even though there would be a lot of work to do in class. Everything seemed to go really well until _____ (girl's name 1) got her report card from her teacher. Even though she thought she tried really hard, it turned out that _____ (girl's name 1) had gotten an "F" in math. All of a sudden she felt _____ (negative feeling 1) and _____ (negative feeling 2). In the past her dad had threatened to beat her with a belt if she ever brought home a bad grade. He often told her that if she ever did, he was going to _____ (physical abuse action 1) her. Walking home from school, the sky seemed dark and cloudy. _____ (girl's name 1) felt _____ (negative feeling 3) and thought that her dad was going to _____ (physical abuse action 2) her. When she got home, she went to her bedroom immediately and _____ (neutral action word 1). She didn't come downstairs until dinner. After dinner, her dad came home from work and wanted to see her report card. At first, _____ (girl's name 1) didn't want to show him, but her dad said that she had to. When she showed the report card to her dad, her dad looked angry and said that she's "going to get a _____ (physical abuse action 3)." Then he took off his belt and _____ (physical abuse action 3) her. _____ (girl's name 1) felt really _____ (negative feeling 4) and _____ (negative feeling 5). After this happened, _____ (girl's name 1)'s dad left bruises and marks all over her back and legs. The next day, her teacher saw her looking _____ (negative feeling 6). She talked to _____ (girl's name 1) and asked her what was wrong. At first, she didn't know what to do, but decided to tell her teacher about what happened. Her teacher told her that she was glad she told and was going to make sure that _____ (girl's name 1) stayed safe. _____ (girl's name 1) felt _____ (positive feeling 1) and _____ (positive feeling 2) because she told. After she told, _____ (girl's name 1) received a visit from a nice social worker named _____ (woman's name 1). She told _____ (girl's name 1) that she is going to get her and her dad the help that they need. _____ (girl's name 1) went to therapy like you and learned that it was not her fault and she learned ways to stay safe. _____ (girl's name 1)'s dad also got the help that he needed, and they were a happy family again.