

Happy

Don't Say:
Smile

Scared

Don't Say:
Afraid

Excited

Don't Say:
Happy

Sad

Don't Say:
Unhappy

Angry

Don't Say:
Mad

Nervous

Don't Say:
Worried

Exhausted

Don't Say:
Tired

Confused

Don't Say:
Unsure

Ecstatic

Don't Say:
Happy

Guilty

Don't Say:
Ashamed

Suspicious

Don't Say:
Guilty

Hysterical

Don't Say:
Crying

Frustrated

Don't Say:
Annoyed

Confident

Don't Say:
Convinced

Embarrassed

Don't Say:
Ashamed

Mischievous

Don't Say:
Sneaky

Disgusted

Don't Say:
Nauseous

Frightened

Don't Say:
Afraid

Enraged

Don't Say:
Angry

Ashamed

Don't Say:
Embarrassed

Cautious

Don't Say:
Careful

Smug

Don't Say:
Conceited

Depressed

Don't Say:
Sad

Overwhelmed

Don't Say:
Stressed

Hopeful

Don't Say:
Positive

Lonely

Don't Say:
Alone

Jealous

Don't Say:
Envious

Bored

Don't Say:
Sleepy

Calm

Don't Say:
Relaxed

Surprised

Don't Say:
Excited

Shy

Don't Say:
Reserved

Alarmed

Don't Say:
Shocked

Amused

Don't Say:
Entertained

Annoyed

Don't Say:
Frustrated

Bitter

Don't Say:
Resentful

Betrayed

Don't Say:
Deceived

Calm

Don't Say:
Relaxed

Comfortable

Don't Say:
Peaceful

Compassionate

Don't Say:
Kind

Courageous

Don't Say:
Brave

Brave

Don't Say:
Strong

Disappointed

Don't Say:
Let down

Delighted

Don't Say:
Happy

Envious

Don't Say:
Jealous

Glad

Don't Say:
Happy

Hate

Don't Say:
Angry

Caring

Don't Say:
Kind

Joyful

Don't Say:
Delighted



Proud

Don't Say:
Pleased

Patient

Don't Say:
Understanding

Satisfied

Don't Say:
Fulfilled

Unsure

Don't Say:
Uncertain

Terrified

Don't Say:
Frightened

Generous

Don't Say:
Kind

Selfish

Don't Say:
Greedy

Friendly

Don't Say:
Warm

Tired

Don't Say:
Exhausted

Ungrateful

Don't Say:
Unappreciated

Uncomfortable

Don't Say:
Painful

Upset

Don't Say:
Angry

