

**2 Points**  
**What is personal space?**

**2 Points**  
**Name three examples of boundary violations.**

**2 Points**  
**Give an example of inappropriate body language.**

**2 Points**  
**Give an example of inappropriate clothing.**

**1 Point**  
**Show how you look when you feel mad.**

**2 Points**  
**Show how you look when you feel scared.**

**4 Points**  
**Talk about a time when you felt sad.**

**3 Points**  
**Talk about a time when you felt really happy.**

**THERAPY REVIEW GAME CARDS–Middle School  
Appropriate Boundaries**

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Appropriate Boundaries**

**THERAPY REVIEW GAME CARDS–Middle School  
Emotional Expression**

**THERAPY REVIEW GAME CARDS–Middle School  
Emotional Expression**

**THERAPY REVIEW GAME CARDS–Middle School  
Linking Feelings to Experience**

**THERAPY REVIEW GAME CARDS–Middle School  
Linking Feelings to Experience**



**5 Points**

**What can you do to stop your negative thoughts?**

**4 Points**

**Name three things you can do to calm yourself down.**

**3 Points**

**What is something you learned to do in order to feel relaxed?**

**3 Points**

**Demonstrate something that you can do to feel relaxed.**

**4 Points**

**What are the doctor's names for the private parts?**

**3 Points**

**What is child sexual abuse?**

**2 Points**

**Whose fault is it when a child is sexually abused?**

**3 Points**

**Does child sexual abuse happen to a lot of kids?**

**THERAPY REVIEW GAME CARDS–Middle School  
Coping With Difficult Emotions**

**THERAPY REVIEW GAME CARDS–Middle School  
Coping With Difficult Emotions**

**THERAPY REVIEW GAME CARDS–Middle School  
Relaxation and Self-Control**

**THERAPY REVIEW GAME CARDS–Middle School  
Relaxation and Self-Control**

**THERAPY REVIEW GAME CARDS–Middle School  
Child Abuse Psychoeducation**

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Child Abuse Psychoeducation**



**4 Points**

**Name three changes that occurred during puberty.**

**4 Points**

**What are some of the negative consequences of having unprotected sex?**

**4 Points**

**What should you do if someone is trying to sexually abuse you?**

**3 Points**

**What should you do if someone touches you in a way that makes you feel confused?**

**3 Points**

**Name three people that you can talk to if someone has sexually abused you.**

**3 Points**

**What should you do if you tell someone that you have been sexually abused and they don't believe you?**

**4 Points**

**What should you do if someone you know has been sexually abused?**

**4 Points**

**What should you do if the person abusing you tells you to keep it a secret?**

**THERAPY REVIEW GAME CARDS–Middle School  
Healthy Sexuality**

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Healthy Sexuality**

**THERAPY REVIEW GAME CARDS–Middle School  
Personal Safety Skills**

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