

Therapeutic Games and Activities to Accompany

# GAME-BASED COGNITIVE- BEHAVIORAL THERAPY FOR CHILD SEXUAL ABUSE

INSTRUCTIONS for USE:

- Find the game materials from the linked Table of Contents or by scrolling through the files. If printing, be sure to set up to print 2-sided.

Craig I. Springer, PhD  
Justin R. Misurell, PhD



# Contents

## **Therapeutic Materials**

Star Awards Chart  
Daily Score Card  
Super Check Tally Chart  
Check Mark Tally Chart  
How I'm Feeling Right Now-Elementary  
Emotional SUDs Scale  
Getting to Know You: Elementary School Cards  
Getting to Know You: Middle School Cards  
Getting to Know You: Caregiver Cards  
Conversation Scavenger Hunt  
Meet, Greet, and Guess Interview Sheet  
Put Your Best Foot Forward Cards  
Change It or Leave It Worksheet  
Feelings Trivia Game Scenarios  
Feelings Cards  
Mode of Expression Cards  
Feelings Face Race Worksheet  
Feelings Face Race Answer Sheet  
Feeling Face Flash Cards  
Feeling Photo Flash Cards  
Feeling-Less Freddy-Franny Cards  
Situation Photo Flash Cards  
This or That Cards  
Don't Say A Word Game Cards - Basic  
Don't Say A Word Game Cards - Advanced  
Feelings Swap Game Cards  
Progressive Muscle Relaxation Script for Elementary School Children  
Progressive Muscle Relaxation Script for Middle School Children  
Progressive Muscle Relaxation Script for Caregivers  
Guided Visualization Script: Elementary School  
Guided Visualization Script: Middle School  
Guided Visualization Script: Caregiver  
Thought Awareness Game Item List  
Thought Awareness Game Answer Key  
The Way You See It Game Boards and Tiles  
What If My Child Did . . . Game Question Sheet

Psychoeducation Information Sheet for Elementary and Middle School Children  
Healthy Sexuality Information Sheet for Middle School Children  
Psychoeducation Information Sheet for Caregivers  
Anatomical Drawings  
OK and NOT OK Touches Signs  
OK and NOT OK Touches Question Sheets  
Abuse Game Cards: Elementary School  
Abuse Game Cards: Middle School  
Wheel of Knowledge: Elementary School  
Wheel of Knowledge: Middle School  
Crossword Puzzle  
Crossword Puzzle Answer Key  
Knowledge by Letter Worksheet  
What's the Story? Physical Abuse Scenario: Girl  
What's the Story? Sexual Abuse Scenario: Girl  
What's the Story? Physical Abuse Scenario: Boy  
What's the Story? Sexual Abuse Scenario: Boy  
Show Your Card Questions  
My Card  
What Side Are You On? Questions  
Abuse Scenario Game Cards  
Unlock The Path Game Board  
Unlock the Path Game Cards: Younger Version  
Unlock the Path Game Cards: Child  
Unlock the Path Game Cards: Caregiver  
Unlock the Path Challenge Cards  
Express Yourself Cards  
Personal Safety Skills Information Sheet for Children  
Personal Safety Skills Information Sheet for Caregivers  
What If . . . Game Board  
What If . . . Personal Safety Question List  
Personal Safety Trivia Question and Answer Sheet  
Therapy Review Game Cards - Elementary School  
Therapy Review Game Cards - Middle School